

- Sore back? Stiff neck? Aching muscles?
- Low energy? Stress, tension?
- Feeling heavy, depressed?
- Sluggish? Body not responsive?



Best Life Acupressure & Reflexology practices the traditional form of acupressure used in Asia

for over 3,000 years. The fingers are used to press key points on the surface of the skin stimulating the body's natural self-curative abilities. The pressing of these points help to relieve muscle tension and promote the circulation of blood which stimulates the healing properties of the body

Due to the COVID-19 Quarantine, we are closed until further notice. Sorry for the inconvenience.

Professional Team of Acupressurists with 20+ Years of Experience

If you would like to purchase a e-giftcard, click [here](#)

Whenever you are purchasing a gift card a 20% gratuity will be included, thank you for your business!

[Polaris Location](#)

Store Address: 8731 Sancus Blvd, Columbus OH 43240

(Between El Vaquero Restaurant and FedEx)

Store Hours: 10am – 7:00pm Monday – Saturday

Welcome

Closed Sunday

Telephone: 614-592-8838

We are asking you to schedule appointments online

or call the store number above.

P.S. if you can't schedule the appointment

you may call the store to schedule the appointments.

Email Address: bestlifeusa@gmail.com

You can give us review and feed back at:

<http://www.yelp.com/biz/best-life-acupressure-and-reflexology-columbus>

(You may have to register a yelp account)

Please follow us in Facebook and Twitter

<https://twitter.com/bestlifeacu>

<https://www.facebook.com/bestlifeusa>